



Youth Hub

Thursday 15th April, 1.30pm – 3.30pm

Aged 18–25 in South Ribble?

Take control of your future with our FREE online weekly sessions to help you with your career and ways to improve your health and wellbeing. You will:

- Take part in a skills and goals matrix
- Boost your confidence and wellbeing
- Learn how to use social media and apps to support job hunting and your wellbeing
- Get application and interview support for live job vacancies
- Where relevant, achieve qualifications to help you find work

Book your place by emailing admin.lal@nelsongroup.ac.uk



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