











Raising the profile of Mental Health in the North West

Thursday 16 May 2019, 08:30 - 10:30 Jacks Lounge, Ewood Park, Blackburn, BB2 4JF

To coincide with Mental Health Week, we are delighted to invite you to an exclusive launch event of "This is Me", a campaign designed to help raise awareness of and change attitudes towards mental health in Lancashire and the North West business community.

We will also hear from people who have successfully managed mental health challenges about why "This is Me" is so vital, as well as practical guidance on how business leaders can implement initiatives to help support their employees.

Guest Speakers and Panel

- Stephen Young Executive Director, Growth, Environment, Transport and Community Services, Lancashire County Council
- Karen Johnson Head of Consumer and Healthcare, Barclays
- Gareth Henty Partner, PwC
- Alex Walsh Head of Planning and Implementation, Sellafield
- Howard Tattersall Head of SHE Samlesbury, BAE Systems Air
- Krissy Freemont Birchall Foodservice
- Christine Meakin Director of Transformation, Barclays
- Beth Graham PwC
- Karen Arrowsmith Lancashire Mind

We will also have a number of presentation stalls set up for you to explore and connect with before and after the event

We do hope you are able to join us.

John Stanworth

Head of Corporate Banking, Lancashire Barclays

Alex Walsh

Head of Planning Implementation Sellafield

Howard Tattersall

Head of SHE, Samlesbury BAE Systems - Air

Stephen Young

Executive Director, Growth, Environment, Transport and Community Services Lancashire County Council



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